

COVID-19 Protocols for the Adventurous Journey



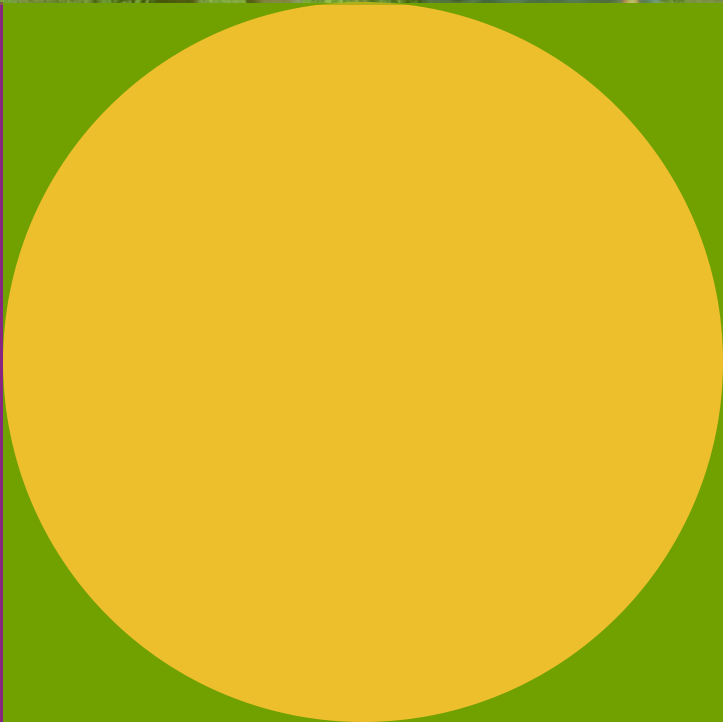
Maintaining Safety for all at camp



COVID-19 has meant that we all have to make adjustments to protect ourselves and those around us. The Adventurous Journey section of the Award is an area of special concern to all of us. This guide outlines the procedures that will be followed by Award units* when conducting AJs while we continue to grapple with the presence of **COVID-19**

*Sublicensed organisations will follow the guidance of their own organisations.

- 1. Administration**
- 2. Screening**
- 3. Transportation**
- 4. Reducing Potential Spread**
- 5. Facilities Management**
- 6. Responding to a suspected case of COVID-19**



"It is said that young people
who feel **safe** in their
surroundings are more likely
to make **positive**
contributions."

*Garfield Callender
Chairman
Barbados Expedition &
Assessment Panel*

1. Administration and preparation for Adventurous Journey (AJ)

AJ supervisors will

- brief all participants and volunteers before and during the AJ about the importance of following hygiene protocols
- notify participants' families of any restrictions the Award has in place to limit COVID-19 exposure
- implement data management tools for screening purposed to assist in case investigations, contact tracing and contact follow-up should these become necessary



2. Screening

- The AJ supervisor can require that participants and adult volunteers declare that they have **NOT** been in contact with any person who has been diagnosed with, tested for, or quarantined as a result of **COVID-19** within the two weeks prior to the AJ
- Encourage methods of self-screening. Within in the two weeks before the AJ, Award participants and volunteers can check for presence of symptoms
- Screen adult volunteers & participants on arrival to AJ on the first night in camp. Information will be recorded on appropriate screening forms.

- **FEVER OF 37 C OR HIGHER**
- **COUGH**
- **SHORTNESS OF BREATH**
- **DIARRHEEA**
- **FATIGUE**
- **MUSCLE ACHES**
- **NAUSEA**
- **LOSS OF TASTE OR SMELL**
- **SORE THROAT**
- **VOMITING**



3. Transportation

Considerations to and from AJ

- During this period, participants are encouraged to try to the best of their abilities to secure separate means of transportation without having to rely on assistance from other participants, Award volunteers or staff.
- Participants who must take public transportation, should wear their face masks and comply with ALL national protocols for travel on PSVs

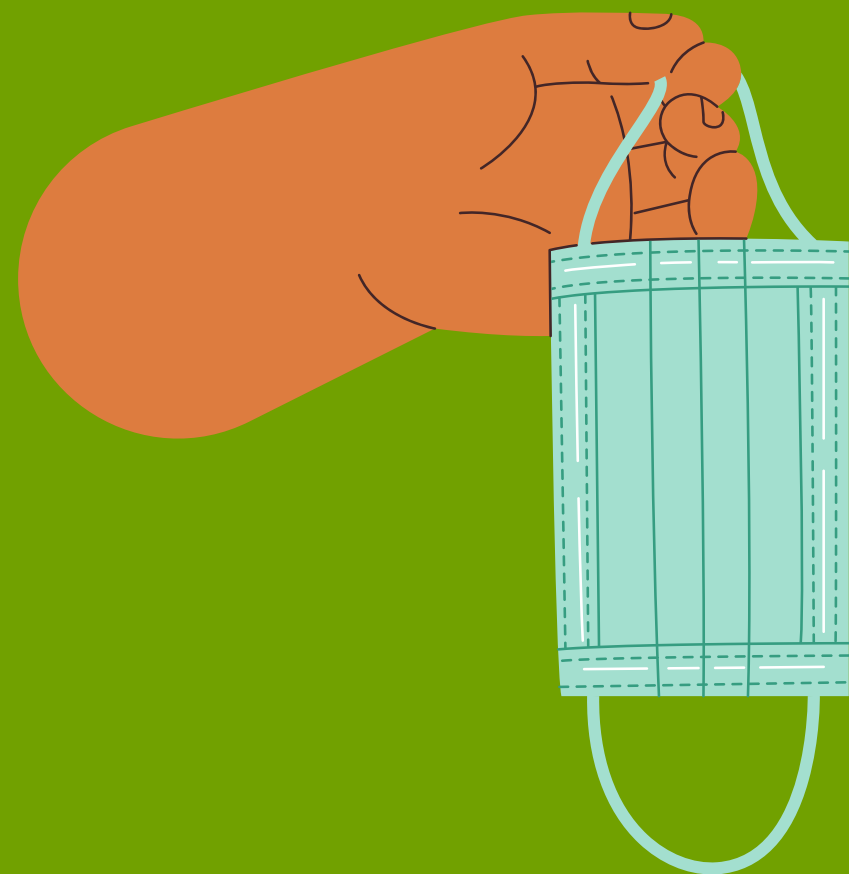


4. Reducing spread on camp



PROPER HAND HYGIENE & RESPIRATORY ETIQUETTE

AJ SUPERVISORS WILL ...



Advocate washing hands for a minimum of 20 seconds:

- before eating food
- after being in contact with someone who may have been sick
- after touching frequent contact surfaces
- after using the restroom
- after using common items
- after sneezing, coughing, or blowing your nose

Ensure access to cleaning agents

- provide adequate supplies of soap, hand sanitizers with at least 70% alcohol content, paper towels, tissues, disinfectant wipes & face masks to participants and adult volunteers separate from their individual supplies

PROPER HAND HYGIENE & RESPIRATORY ETIQUETTE

AJ SUPERVISORS WILL ...



Practising Respiratory Hygiene

- Encourage participants & volunteers to cover their mouths and noses and cough or sneeze into a tissue or bent elbow and immediately dispose of the used tissues in the trash and perform hand hygiene

Using Cloth Face Masks

- Encourage participants and volunteers to bring at least two of their own face masks on an AJ. A cloth mask should be laundered after each use. [Face masks may be difficult to wear for extended periods of time during physical activities, so consideration should be allowed.]

PHYSICAL DISTANCING DURING THE AJ

- Mixing between different groups on an AJ should be restricted
 - Keep participants together in their respective small groups with a dedicated supervisor and have them stay together for the duration of the venture
- Groups should be staggered along the AJ route, if multiple groups are following a similar route.
 - Adequate physical distancing within the should also be encouraged
- Participants must limit their interaction with the general public as much as possible
 - Any interaction should be done at a safe physical distance while wearing a face mask.
 - Participants should refrain from accepting items from unknown persons regardless of generosity shown.
- Parents & supporters who are not volunteers assigned for a particular AJ should not be allowed to interact with the participants on the AJ since they would not have been screened prior to beginning the AJ.



5. FACILITIES MANAGEMENT

Any facility utilized for housing participants should be checked by the AJ supervisor or capable volunteer for the following before an exercise can proceed:

- **WATER AVAILABILITY**
 - Adequate running water must be available for hygiene reasons. In an instance where no running water is available on site for the duration of the stay and water cannot be sourced nearby, the exercise will be rescheduled.
- **PROPER VENTILATION**
 - Enclosed areas used for sleeping should be well ventilated (naturally) via the opening of windows and doors, weather permitting. Air-conditioned areas can be used but circulation of outdoor air is best.

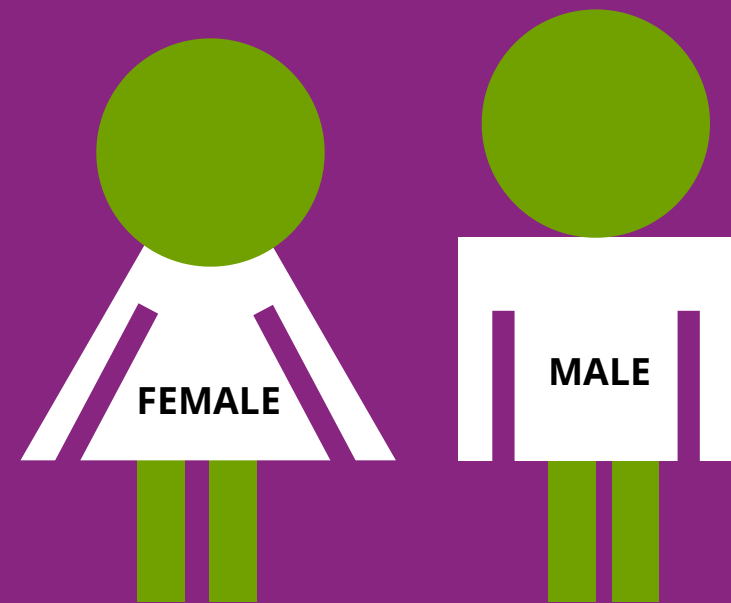


GUIDELINES FOR CONFIGURING SPACES



- SLEEPING
 - When overnighting in enclosed spaces, AJ supervisors should first ensure that the facilities chosen can provide adequate spacing for their groups to observe physical distancing while sleeping.
 - Personal sleeping area must be at least 6ft apart from another person's with sleeping mats/cots oriented in a head-to-toe or toe-to-toe configuration to maximize distance between faces.
 - Physical barriers between sleepers using curtains, sheets, barriers, etc. is most desirable but understandably not always possible.
 - Participants/volunteers may also opt to sleep alone in their personal tents.

GUIDELINES FOR CONFIGURING SPACES



- WASHROOM FACILITIES
 - Avoid sharing personal bathing supplies like towels, bathing soaps and toothpaste.
 - Times to use bathrooms should be staggered among groups to minimize congregating
 - Washrooms should be cleaned and disinfected daily.
 - Place bins/ trash cans (with a foot-actuated lid or no lid) near the exit of restrooms to make it easier to discard used items
 - Spaces utilized should be cleaned and sanitized before participants move on to the next stage of the AJ



RESPONDING TO A SUSPECTED CASE OF COVID-19 ON AN AJ

- In the event that a participant or volunteer develops COVID-19 type symptoms during an AJ activity, the person and their group members should be isolated immediately and be allowed to return home for observation.
- Follow up should be done to ascertain whether or not the affected
- person(s) required further medical treatment related to a COVID-19 positive case. Those who were in immediate contact with the person(s) should also be apprised of the person's health progress as part of due diligence
- Cleaning of all areas/equipment used by the person during their stay should be done immediately after their departure.

The Duke of Edinburgh's International Award Barbados will continue to monitor the situation of the pandemic and the guidance issued by the Ministry of Health and Wellness and make any necessary adjustments to these protocols.